

VA



LiveWell[®] Variable Annuity

Issued by Midland National[®] Life Insurance Company



Investment-focused. Tax-deferred. Legacy planning.

NOT FDIC/NCUA INSURED, MAY LOSE VALUE INCLUDING LOSS OF PRINCIPAL, NO BANK/CU GUARANTEE, NOT A DEPOSIT, NOT INSURED BY ANY FEDERAL GOVERNMENT AGENCY.

A retirement solution created just for you

The LiveWell® Variable Annuity provides you with:

- ✓ **Tax-deferred growth potential:** You owe zero taxes on your investment gains until you begin withdrawing from the annuity
- ✓ **Convenient investing:** With 145+ investment options from 25+ of the country's most popular money managers in one investment platform¹
- ✓ **Competitive fees:** No charge to reallocate or rebalance assets²; no front-end charges; no charge for required minimum distributions (RMDs)
- ✓ **Option to reduce fees:** LiveWell® Value Endorsement offers reduced fees in exchange for a 7-year surrender charge schedule³
- ✓ **Three legacy planning options:** Your choice of an Account Value Death Benefit, Return of Premium Death Benefit, or the Enhanced Death Benefit

What are variable annuities?

Variable annuities are tax-deferred investments. They are “variable” because they fluctuate in value based on the underlying investment options chosen by you and your financial professional. Because they fluctuate in value, they are best suited for long-term investors.

Variable annuities allow you to invest with many different money managers and investment options rather than working with each on an individual basis—potentially saving you both time and money.

Customize your retirement

Your specific retirement needs and long-term investment goals likely vary from others, so a “one-size-fits-all” approach is generally ineffective when planning for retirement.

The individuality of retirement planning has been the guiding principle of the LiveWell® Variable Annuity issued by Midland National® Life Insurance Company.

In an era of customization—that ranges from your daily vitamins to your grocery delivery services—you can customize just about anything these days. Why should your retirement plan be any different?

3 simple, straightforward choices

Establishing a solid retirement plan shouldn't require managing multiple accounts or understanding complex investment strategies ... with the LiveWell Variable Annuity, it's as easy as 1-2-3.

- 1 **Select your investment time frame and liquidity needs**
- 2 **Select your death benefit**
- 3 **Select your investment options**

¹ Number of funds, investment options, and associated fees are as of 6/30/2024. Standard variable annuity investment option fees, ranging from 0.52%-2.05% net, also apply.

² Excessive trading policy: more than one “round trip” involving the same investment option within a 60-calendar-day period is considered excessive trading. Please see the LiveWell® Variable Annuity prospectus for complete details. We reserve the right to charge \$15 per transfer in excess of 15 per contract year.

³ Availability may vary by financial institution. Please confirm availability with your financial professional.

1 Select your investment timeline and liquidity needs

Variable annuities can be a great option for long-term investing. If you don't intend on withdrawing from your annuity for at least seven years, electing the LiveWell Value Endorsement can help **you reduce fees for the life of the contract** in exchange for a 7-year surrender schedule.

The LiveWell Value Endorsement lowers your annual fee.

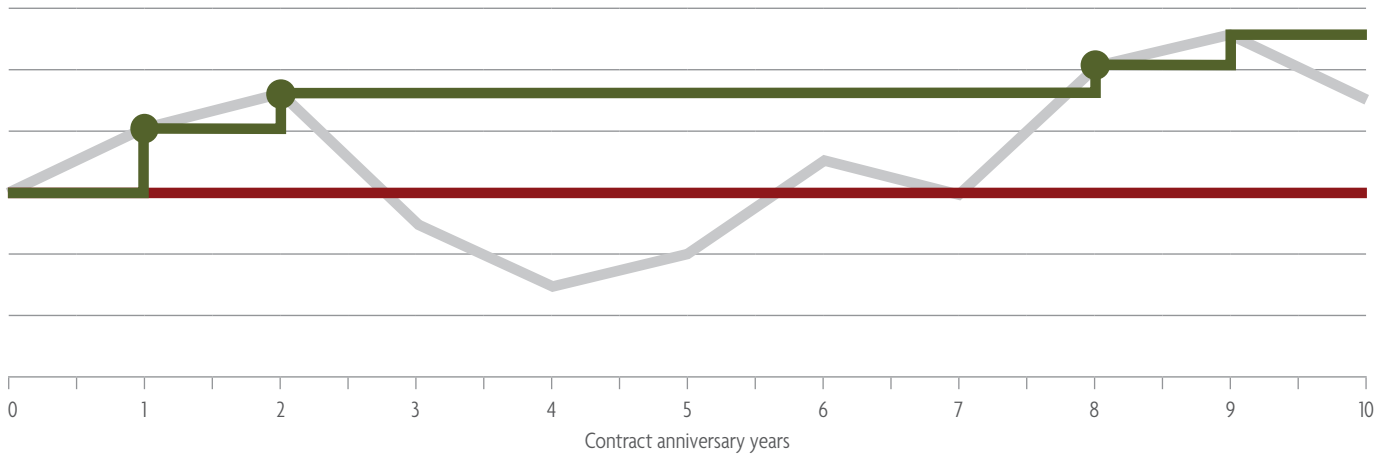
Talk with your financial professional about your liquidity needs and investment time frame to select the option that best fits your long-term retirement goals. Your fee structure will depend on the surrender period and death benefit option you choose.

2 Select your death benefit

You've worked hard to get to where you are today, and you may want to leave something behind to the people or organizations that mean the most to you, whether it be church, charity, or children. There are three death benefit options to choose from.

- **Accumulation Value Death Benefit (AV DB)** is equal to the accumulation value.
- **Return of Premium Death Benefit (ROP DB)** ensures your beneficiary receives your premiums paid adjusted for any withdrawals and is the greater of the accumulation value or return of premium.
- **Enhanced Death Benefit (Enhanced DB)¹** allows you to potentially "lock in" investment gains by providing the opportunity for the death benefit value to step up to the highest contract anniversary accumulation value during the step-up period.

	AV DB	ROP DB	Enhanced DB
No Value Endorsement (full liquidity)	Issue Age: 0-90 Charge: 1.10%	Issue Age: 0-90 Charge: 1.35%	Issue age: 0-80 Charge: 1.65%
7-year Value Endorsement	Issue age: 0-85 Charge: 0.90%	Issue age: 0-85 Charge: 1.15%	Issue age: 0-80 Charge: 1.45%



The examples are not representative of any particular investment and assume no additional purchases or withdrawals.

Without the LiveWell Value Endorsement, there are no surrender charges. Additionally, if the Accumulation Value Death Benefit option is chosen, the LiveWell Variable Annuity is simply an **investment-focused variable annuity**.

¹ Not available in all states or financial institutions. Return of Premium and Enhanced Death Benefit are available for an additional charge in addition to the ongoing fees and expenses of the variable annuity. Once elected, the benefit cannot be canceled or changed. Enhanced Death Benefit annual step-up occurs each contract anniversary and will cease after the oldest owner's 85th birthday or upon death of the owner, whichever occurs first. The step-up still occurs if partial withdrawals are taken and premiums are added, but both may impact the Enhanced Death Benefit value. Death benefit paid is the greater of the Accumulation Value, Return of Premium, or the Enhanced Death Benefit value. Please see the prospectus for additional information.

3 Select your investment options

The LiveWell Variable Annuity is a one-stop solution with a wide array of investment options from which to choose. You can allocate your money among the 145+ investment options and 25+ of the nation's most respected money managers.¹

While more choice is generally a good thing, too many choices can be overwhelming. This is where the LiveWell® Models powered by Morningstar Investment Management LLC can help. There are five LiveWell Models ranging from conservative growth to aggressive growth that use well-established funds to help you grow your retirement savings. (See pg. 10 for more information.)

Investment flexibility gives you greater control

When it comes to your retirement savings, keeping investment costs low is important. The LiveWell Variable Annuity is competitively priced and offers investment flexibility that gives you greater control.

You're never locked into an investment strategy because there are no transfer charges or tax consequences to worry about.

In fact, there are:

- ✓ **No** front-end charges
- ✓ **No** charge to reallocate or rebalance your investment options²
- ✓ **No** charge for systematic withdrawals
- ✓ **No** charge for automatic required minimum distributions (RMDs)
- ✓ **No** charge for dollar cost averaging or automatic rebalancing³

Plus, the LiveWell Variable Annuity provides objective investing and unbiased choices with third-party asset allocation, third-party fund selection, and zero proprietary funds.

**More than 145 investment options from
25+ of the nation's most respected
money managers.**

Investment options from some of the most popular money managers

ALGER



American Century
Investments®

Amundi
ASSET MANAGEMENT

BlackRock

Calvert

CAPITAL GROUP® | AMERICAN FUNDS®

ClearBridge
Investments

COLUMBIA
THREADNEEDLE
INVESTMENTS

DWS

Eaton Vance

Federated
Hermes

Fidelity
INVESTMENTS

FRANKLIN
TEMPLETON

GUGGENHEIM

Invesco

Janus Henderson
INVESTORS

John Hancock
Investment Management

LAZARD
ASSET MANAGEMENT

LORD ABBETT®

MFS®

PIMCO

Principal

Putnam
INVESTMENTS

ROYCE
Investment Partners

SS&C | ALPS ADVISORS

T.RowePrice®

VanEck®

WESTERN ASSET

¹ Number of funds, investment options, and associated fees are as of 6/30/2024. Standard variable annuity investment option fees, ranging from 0.52%-2.05% net, also apply.

² Excessive trading policy: more than one "round trip" involving the same investment option within a 60-calendar-day period is considered excessive trading. Please see the LiveWell® Variable Annuity prospectus for complete details. We reserve the right to charge \$15 per transfer in excess of 15 per contract year.

³ Dollar cost averaging and automatic rebalancing are not available together. Dollar cost averaging does not ensure a profit or protect against loss in a declining market. Such a plan involves continuous investment in securities regardless of fluctuating price levels of such securities. Investors should consider their financial ability to continue purchases through periods of low price levels.

Facts at a glance

Type of money	Nonqualified, Traditional IRAs, Roth IRAs, SEP-IRAs, Inherited IRAs (Inherited IRAs are not available with the LiveWell Value Endorsement)																			
Minimum investment	\$10,000; maximum investment is \$2,000,000 (maximum investment is \$3,000,000 for c-share)																			
Minimum additional contributions	\$1,000 or \$100 for contributions made through monthly electronic funds transfer (EFT)																			
Other features available One option may be elected	Dollar cost averaging (DCA)¹ OR automatic rebalancing. Select quarterly, semi-annual, or annual mode. Monthly mode is also available for DCA.																			
Investment options	More than 145 investment options led by 25+ of the nation's most respected money managers. LiveWell® Models ² powered by Morningstar Investment Management LLC.																			
No charges for	Reallocations ³ , withdrawals, and rebalancing. No front-end loads. Transfers are subject to the excessive trading policy.																			
Maintenance fee	\$10 per quarter for policies less than \$50,000 ⁴																			
Maturity date	The contract anniversary immediately following the annuitant's 115 th birthday.																			
Surrender charge period	No surrender (c-share)	7-year Value Endorsement																		
Issue age	0-90	0-85																		
Surrender charges	0%	Years since each premium payment ⁵ <table border="1"> <tr> <td>YR</td> <td>0</td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> </tr> <tr> <td>%</td> <td>8</td> <td>7</td> <td>6</td> <td>5</td> <td>4</td> <td>3</td> <td>2</td> <td>0</td> </tr> </table>	YR	0	1	2	3	4	5	6	7	%	8	7	6	5	4	3	2	0
YR	0	1	2	3	4	5	6	7												
%	8	7	6	5	4	3	2	0												
Free withdrawal amount⁶	100%	10% of remaining premium that is less than 7 years old or required minimum distribution (RMD), if greater.																		
Death benefit options⁷ Only one can be elected at time of purchase and cannot be changed after issue. Death benefit value is determined when proof of death is received, payment type is elected, and any other applicable forms are in good order.	<ul style="list-style-type: none"> • Accumulation Value Death Benefit (AV DB): Equal to the accumulation value. • Return of Premium Death Benefit (ROP DB): The greater of the accumulation value or return of premium (premiums paid, adjusted for withdrawals). • Enhanced Death Benefit⁸ (Enhanced DB): This option provides the opportunity for the death benefit value to step up to the highest contract anniversary accumulation value during the step-up period. The step-up period begins after the first contract anniversary through age 85 (based on the oldest owner). The step-up still occurs if partial withdrawals are taken and premiums are added, but both may impact the Enhanced Death Benefit value. The death benefit paid is the greater of the Accumulation Value, Return of Premium, or the Enhanced Death Benefit value. 																			
Fees Standard account annual expenses vary based on the surrender charges and death benefit elected. ⁹	AV DB: 1.10% ROP DB: 1.35% Enhanced DB: 1.65%	AV DB: 0.90% ROP DB: 1.15% Enhanced DB: 1.45%																		

Number of funds, investment options, and associated fees are as of 6/30/2024. Standard variable annuity investment option fees, ranging from 0.52%-2.05% net, also apply.

¹ Dollar cost averaging does not ensure profit or protect against loss in a declining market. Such a plan involves continuous investment in securities regardless of fluctuating price levels of such securities. Investors should consider their financial ability to continue purchases through periods of low price levels.

² Asset allocation (and/or diversification) does not ensure a profit or guarantee against loss; it is a method used to help manage risk.

³ Excessive trading policy; more than one "round trip" involving the same investment option within a 60-calendar-day period is considered excessive trading. Please see the LiveWell® Variable Annuity prospectus for complete details. We reserve the right to charge \$15 per transfer in excess of 15 per contract year.

⁴ For policies less than \$50,000, the current quarterly maintenance fee is \$10 per quarter. The guaranteed maximum maintenance fee is \$15 per quarter.

⁵ Surrender charges are assessed on amounts withdrawn in excess of the free withdrawal amount and are based on the number of years since each premium payment.

⁶ The free withdrawal amount is available for withdrawal without a surrender charge. The amount is calculated at the beginning of each policy year. It is noncumulative. While you always have access to your money, for withdrawals taken in excess of this amount, a surrender charge will apply. Remaining premium is the sum of the premium deposits made less the partial withdrawal taken.

⁷ The death benefit is based on the greater of net premium (total premiums received reduced on a pro-rata basis for partial withdrawals) or the accumulation value, which is equal to the sum of the amounts in the investment options. The death benefit amount may be reduced for withdrawals and premium taxes at death as required by state law. A contract must be in force to garner a return of premium death benefit. Please see the prospectus for details and state-specific information.

⁸ Not available in all states or financial institutions. The issue age is 0-80 (based on the oldest owner). The Return of Premium and Enhanced Death Benefit are available for an additional charge in addition to the ongoing fees and expenses of the variable annuity. Once elected, the benefit cannot be canceled or changed. The Enhanced Death Benefit annual step-up occurs each contract anniversary and will cease after the oldest owner's 85th birthday or upon death of the owner, whichever occurs first. Please see the prospectus for additional information.

⁹ Separate account annual expenses include mortality and expense (M&E) and asset-based administrative charges.

Fund option by Asset Class

Large Value

LVIP American Century Disciplined Core Value Service Class
LVIP American Century Value Service Class
American Funds IS Washington Mutual Investors Fund Class 4
BlackRock Basic Value V.I. Fund Class III
BlackRock Equity Dividend V.I. Fund Class III
Columbia Variable Portfolio Dividend Opportunity Class 2
Columbia Variable Portfolio Select Large-Cap Value 2
Invesco V.I. Diversified Dividend II
Principal VC Equity Income 3
Putnam VT Large Cap Value IB
T. Rowe Price Equity Income Port II

Large Blend

American Funds IS Growth-Income Fund Class 4
ClearBridge Variable Dividend Strategy Portfolio Class II
Columbia Variable Portfolio Contrarian Core Class 2
DWS Equity 500 Index VIP Class B
Franklin Rising Dividends VIP Fund Class 2
Invesco V.I. Equally Weighted S&P 500 II
Invesco V.I. Main Street II
MFS VIT II Blended Research Core Equity Portfolio Service Class
Pioneer VCT Portfolio Class II
Putnam VT Core Equity IB
Putnam VT Research IB

Large Growth

Alger Capital Appreciation Portfolio Class S
LVIP American Century Ultra Service Class
American Funds IS Growth Fund Class 4
BlackRock Large Cap Growth Equity V.I. Fund Class III
ClearBridge Variable Large Cap Growth Portfolio Class II
Fidelity VIP Contrafund Portfolio Service Class 2
Fidelity VIP Growth Opportunities Portfolio Service Class 2
Franklin DynaTech VIP Fund Class 2
Janus Henderson VIT Forty Service Shares
Principal VC Blue Chip 3
Putnam VT Large Cap Growth IB
T. Rowe Price Blue Chip Growth II

Mid Value

AB VPS Discovery Value Portfolio B
Fidelity VIP Value Strategies Service 2
LVIP American Century Mid Cap Value Service Class
Columbia Variable Portfolio Select Mid Cap Value 2
Janus Henderson VIT Mid Cap Value Portfolio Service Shares

Mid Blend

Calvert VP SRI Mid Cap Portfolio

ClearBridge Variable Mid Cap Portfolio Class II

Fidelity VIP Mid Cap Portfolio Service Class 2

Mid Growth

LVIP American Century Capital Appreciation Service Class
Invesco V.I. Discovery Mid Cap Growth II
Janus Henderson VIT Enterprise Service Shares
T. Rowe Price Mid-Cap Growth Port II

Small Value

Columbia Variable Portfolio Small Cap Value 2
Royce Capital Fund - Small-Cap Portfolio Service Class
Putnam VT Small Cap Value IB

Small Blend

DWS Small Cap Index VIP Class B
Invesco V.I. Main Street Small Cap II
Invesco V.I. Small Cap Equity II

Small Growth

ClearBridge Variable Small Cap Growth Portfolio Class II
MFS VIT New Discovery Portfolio Service Class
Putnam VT Small Cap Growth IB

International Large

American Funds IS International Fund Class 4
American Funds IS International Growth and Income Fund Class 4
Fidelity VIP Intl Capital App Service Class 2
Invesco Oppenheimer V.I. International Growth II
Janus Henderson VIT Overseas Service Shares
Lazard Retirement International Equity Portfolio Service Shares
MFS VIT II International Intrinsic Value Portfolio Service Class
Putnam VT Focused Intl Eq IB
Putnam VT International Equity IB
Putnam VT International Value IB
Templeton Foreign VIP Fund Class 2

International Small

American Funds IS Global Small Capitalization Fund Class 4

World Stock

American Funds IS Capital World Growth and Income Fund Class 4
American Funds IS Global Growth Fund Class 4
Invesco V.I. Global II
Janus Henderson VIT Global Research Portfolio Service Shares
PIMCO StocksPLUS® Global Portfolio Advisor Class

Emerging Markets

American Funds IS New World Fund Class 4
Fidelity VIP Emerging Markets Portfolio Service Class 2
MFS VIT II Emerging Markets Equity Portfolio Service Class
Putnam VT Emerging Markets Equity Fd IB
Templeton Developing Markets VIP Fund Class 2

Commodities/Precious Metals

PIMCO Commodity Real Return Strategy Portfolio Advisor Class

Energy/Natural Resources

ALPS | Alerian Energy Infrastructure Portfolio Class III

Fidelity VIP Energy Service 2

VanEck VIP Global Resources S

Financial

JHVIT Financial Industries II

Health

Putnam VT Global Health Care IB

T. Rowe Price Health Sciences II

Real Estate

Fidelity VIP Real Estate Portfolio Service Class 2

Franklin Global Real Estate VIP 2

MFS VIT III Global Real Estate Service

Technology

Columbia Variable Portfolio Seligman Global Tech 2

Janus Henderson VIT Global Technology and Innovation Portfolio Service Shares

MFS VIT II Technology Portfolio Service Class

Utilities

MFS VIT Utilities Portfolio Service Class

Balanced

LVIP American Century Balanced Service Class

American Funds IS Asset Allocation Fund Class 4

Calvert VP SRI Balanced F

Franklin Income VIP Fund Class 2

Franklin VolSmart Allocation VIP 2

Invesco V.I. Equity and Income II

Janus Henderson VIT Balanced Portfolio Service Shares

Principal VC Diversified Balanced 3

Principal VC Diversified Growth 3

Principal VC Diversified Income 3

Putnam VT George Putnam Balanced IB

Putnam VT Global Asset Allocation IB

Risk Based Allocation

Fidelity VIP FundsManager 50% Portfolio Service Class 2

Fidelity VIP FundsManager 70% Portfolio Service Class 2

Fidelity VIP FundsManager 85% Portfolio Service Class 2

Global Allocation

American Funds IS Capital Income Builder Class 4

American Funds IS Global Balanced 4

BlackRock Global Allocation V.I. Fund Class III

Invesco V.I. Balanced-Risk Allocation II

Lazard Retirement Global Dynamic Multi Asset Portfolio Service Shares

MFS VIT II Global Tactical Allocation Portfolio Service Class

Tactical

BlackRock 60/40 Target Allocation ETF V.I. Fund Class III

DWS Alternative Asset Allocation VIP Portfolio Class B

Federated Hermes Managed Volatility II Svc

Guggenheim VIF Global Managed Futures Strategy Fund

Guggenheim VIF Multi-Hedge Strategies Fund

PIMCO All Asset Portfolio Advisor Class

PIMCO Global Managed Asset Allocation Portfolio Advisor Class

Short Term Bond

Lord Abbett Series Short Duration Income Portfolio VC

PIMCO Low Duration Portfolio Advisor Class

Intermediate Bond

American Funds IS The Bond Fd of Amer 4

Fidelity VIP Investment Grade Bd Svc 2

Invesco V.I. Core Plus Bond II

JHVIT Select Bond II

MFS VIT II Corporate Bond Portfolio Service Class

PIMCO Total Return Portfolio Advisor Class

Pioneer Bond VCT Portfolio Class II

Western Asset Variable Core Bond Plus Portfolio Class II

Multisector Bond

Fidelity VIP Strategic Income Portfolio Service Class 2

JHVIT Strategic Income Opportunities II

Lord Abbett Series Fund Bond Debenture Portfolio VC

PIMCO Income Portfolio Advisor Class

World Bond

Columbia Variable Portfolio Emerging Markets Bond Class 2

PIMCO Emerging Markets Bond Portfolio Advisor Class

PIMCO International Bond (USD-Hedged) Portfolio Advisor Class

Templeton Global Bond VIP Fund Class 2

High Yield Bond

Columbia Variable Portfolio High Yield Bond Class 2

Federated Hermes High Income Bond II Svc

PIMCO High Yield Portfolio Advisor Class

Putnam VT High Yield IB

Inflation Protection

LVIP American Century Inflation Protection Service Class

PIMCO Real Return Portfolio Advisor Class

Bank Loan

Eaton Vance VT Floating-Rate Income

Government Bond

American Funds IS U.S. Government Securities Fund Class 4

Columbia Variable Portfolio US Government Mortgage 2

Nontraditional Bond

Columbia Variable Portfolio Strategic Income 2

PIMCO Dynamic Bond Portfolio Advisor Class

Ultrashort Bond

American Funds IS Ultra-Short Bond Fund Class 4

PIMCO Short-Term Portfolio Advisor Class

Money Market

Fidelity VIP Government Money Market Service Class 2

Fund option by Fund Family

Alger

Alger Capital Appreciation Portfolio Class S

AllianceBernstein

AB VPS Discovery Value Portfolio B

Alps

ALPS | Alerian Energy Infrastructure Portfolio Class III

American Century

LVIP American Century Balanced Service Class

LVIP American Century Capital Appreciation Service Class

LVIP American Century Disciplined Core Value Service Class

LVIP American Century Inflation Protection Service Class

LVIP American Century Mid Cap Value Service Class

LVIP American Century Ultra Service Class

LVIP American Century Value Service Class

Amundi

Pioneer Bond VCT Portfolio Class II

Pioneer VCT Portfolio Class II

BlackRock

BlackRock 60/40 Target Allocation ETF V.I. Fund Class III

BlackRock Basic Value V.I. Fund Class III

BlackRock Equity Dividend V.I. Fund Class III

BlackRock Global Allocation V.I. Fund Class III

BlackRock Large Cap Growth Equity V.I. Fund Class III

Calvert

Calvert VP SRI Balanced F

Calvert VP SRI Mid Cap Portfolio

Capital Group/American Funds

American Funds IS Asset Allocation Fund Class 4

American Funds IS Capital Income Builder Class 4

American Funds IS Capital World Growth and Income Fund Class 4

American Funds IS Global Balanced 4

American Funds IS Global Growth Fund Class 4

American Funds IS Global Small Capitalization Fund Class 4

American Funds IS Growth Fund Class 4

American Funds IS Growth-Income Fund Class 4

American Funds IS International Fund Class 4

American Funds IS International Growth and Income Fund Class 4

American Funds IS New World Fund Class 4

American Funds IS The Bond Fd of Amer 4

American Funds IS Ultra-Short Bond Fund Class 4

American Funds IS U.S. Government Securities Fund Class 4

American Funds IS Washington Mutual Investors Fund Class 4

Columbia Threadneedle

Columbia Variable Portfolio Contrarian Core Class 2

Columbia Variable Portfolio Dividend Opportunity Class 2

Columbia Variable Portfolio Emerging Markets Bond Class 2

Columbia Variable Portfolio High Yield Bond Class 2

Columbia Variable Portfolio Select Large-Cap Value 2

Columbia Variable Portfolio Select Mid Cap Value 2

Columbia Variable Portfolio Seligman Global Tech 2

Columbia Variable Portfolio Small Cap Value 2

Columbia Variable Portfolio Strategic Income 2

Columbia Variable Portfolio US Government Mortgage 2

DWS

DWS Alternative Asset Allocation VIP Portfolio Class B

DWS Equity 500 Index VIP Class B

DWS Small Cap Index VIP Class B

Eaton Vance

Eaton Vance VT Floating-Rate Income

Federated Hermes

Federated Hermes High Income Bond II Svc

Federated Hermes Managed Volatility II Svc

Fidelity

Fidelity VIP Contrafund Portfolio Service Class 2

Fidelity VIP Emerging Markets Portfolio Service Class 2

Fidelity VIP Energy Service 2

Fidelity VIP FundsManager 50% Portfolio Service Class 2

Fidelity VIP FundsManager 70% Portfolio Service Class 2

Fidelity VIP FundsManager 85% Portfolio Service Class 2

Fidelity VIP Government Money Market Service Class 2

Fidelity VIP Growth Opportunities Portfolio Service Class 2

Fidelity VIP Intl Capital App Service Class 2

Fidelity VIP Investment Grade Bd Service Class 2

Fidelity VIP Mid Cap Portfolio Service Class 2

Fidelity VIP Real Estate Portfolio Service Class 2

Fidelity VIP Strategic Income Portfolio Service Class 2

Fidelity VIP Value Strategies Service Class 2

Franklin Templeton

ClearBridge Variable Dividend Strategy Portfolio Class II

ClearBridge Variable Large Cap Growth Portfolio Class II

ClearBridge Variable Mid Cap Portfolio Class II

ClearBridge Variable Small Cap Growth Portfolio Class II

Franklin DynaTech VIP Fund Class 2

Franklin Global Real Estate VIP 2

Franklin Income VIP Fund Class 2

Franklin Rising Dividends VIP Fund Class 2

Franklin VolSmart Allocation VIP 2

Templeton Developing Markets VIP Fund Class 2

Templeton Foreign VIP Fund Class 2

Templeton Global Bond VIP Fund Class 2

Western Asset Variable Core Bond Plus Portfolio Class II

Guggenheim

Guggenheim VIF Global Managed Futures Strategy Fund

Guggenheim VIF Multi-Hedge Strategies Fund

Invesco

Invesco Oppenheimer V.I. International Growth II

Invesco V.I. Balanced-Risk Allocation II

Invesco V.I. Core Plus Bond II

Invesco V.I. Discovery Mid Cap Growth II

Invesco V.I. Diversified Dividend II

Invesco V.I. Equally Weighted S&P 500 II

Invesco V.I. Equity and Income II

Invesco V.I. Global II

Invesco V.I. Main Street II

Invesco V.I. Main Street Small Cap II

Invesco V.I. Small Cap Equity II

Janus Henderson

Janus Henderson VIT Balanced Portfolio Service Shares

Janus Henderson VIT Enterprise Service Shares

Janus Henderson VIT Forty Service Shares

Janus Henderson VIT Global Research Portfolio Service Shares

Janus Henderson VIT Global Technology and Innovation Portfolio Service Shares

Janus Henderson VIT Mid Cap Value Portfolio Service Shares

Janus Henderson VIT Overseas Service Shares

John Hancock

JHVIT Financial Industries II

JHVIT Select Bond II

JHVIT Strategic Income Opportunities II

Lazard

Lazard Retirement Global Dynamic Multi Asset Portfolio Service Shares

Lazard Retirement International Equity Portfolio Service Shares

Lord Abbett

Lord Abbett Series Fund Bond Debenture Portfolio VC

Lord Abbett Series Short Duration Income Portfolio VC

MFS

MFS VIT II Blended Research Core Equity Portfolio Service Class

MFS VIT II Corporate Bond Portfolio Service Class

MFS VIT II Emerging Markets Equity Portfolio Service Class

MFS VIT II Global Tactical Allocation Portfolio Service Class

MFS VIT II International Intrinsic Value Portfolio Service Class

MFS VIT II Technology Portfolio Service Class

MFS VIT III Global Real Estate Service

MFS VIT New Discovery Portfolio Service Class

MFS VIT Utilities Portfolio Service Class

PIMCO

PIMCO All Asset Portfolio Advisor Class

PIMCO Commodity Real Return Strategy Portfolio Advisor Class

PIMCO Dynamic Bond Portfolio Advisor Class

PIMCO Emerging Markets Bond Portfolio Advisor Class

PIMCO Global Managed Asset Allocation Portfolio Advisor Class

PIMCO High Yield Portfolio Advisor Class

PIMCO Income Portfolio Advisor Class

PIMCO International Bond (USD-Hedged) Portfolio Advisor Class

PIMCO Low Duration Portfolio Advisor Class

PIMCO Real Return Portfolio Advisor Class

PIMCO Short-Term Portfolio Advisor Class

PIMCO StocksPLUS® Global Portfolio Advisor Class

PIMCO Total Return Portfolio Advisor Class

Principal

Principal VC Blue Chip 3

Principal VC Equity Income 3

Principal VC Diversified Balanced 3

Principal VC Diversified Growth 3

Principal VC Diversified Income 3

Putnam

Putnam VT Core Equity IB

Putnam VT Emerging Markets Equity Fd IB

Putnam VT Focused Intl Eq IB

Putnam VT George Putnam Balanced IB

Putnam VT Global Asset Allocation IB

Putnam VT Global Health Care IB

Putnam VT High Yield IB

Putnam VT International Equity IB

Putnam VT International Value IB

Putnam VT Large Cap Growth IB

Putnam VT Large Cap Value IB

Putnam VT Research IB

Putnam VT Small Cap Growth IB

Putnam VT Small Cap Value IB

Royce

Royce Capital Fund - Small-Cap Portfolio Service Class

T. Rowe Price

T. Rowe Price Blue Chip Growth II

T. Rowe Price Equity Income Port II

T. Rowe Price Health Sciences II

T. Rowe Price Mid-Cap Growth Port II

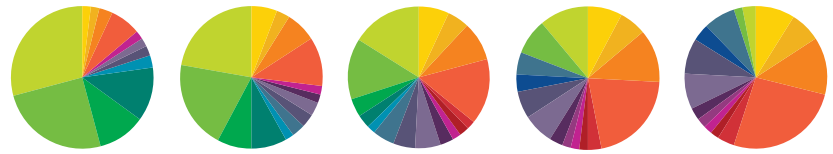
VanEck

VanEck VIP Global Resources S

Rydex is an affiliate of Guggenheim Partners, LLC ("Guggenheim"). Guggenheim is a global diversified financial services firm that provides asset management, investment banking and capital markets services, along with insurance, institutional finance, and investment advisory solutions. Guggenheim is an indirect, partially owned subsidiary of Sammons Enterprises, Inc., which is also the parent company of Midland National® Life Insurance Company and Sammons Institutional Group®, Inc.

You could lose money by investing in a money market fund. Although the fund seeks to preserve the value of your investment at \$1.00 per share, it cannot guarantee it will do so. An investment in the fund is not insured or guaranteed by the Federal Deposit Insurance Corporation or any other government agency. The fund and its affiliates, the fund's sponsor, have no legal obligation to provide financial support to the fund, and you should not expect that the sponsor will provide financial support to the fund at any time.

LiveWell® Models Powered by Morningstar Investment Management



Conservative Moderate Moderate Growth Growth Aggressive Growth

Asset-Class Breakdown: Equity Fixed Income	20% 80%	40% 60%	60% 40%	80% 20%	95% 5%
ClearBridge Variable Large Cap Growth II	2%	6%	7%	8%	9%
T. Rowe Price Blue Chip Growth Port II	2%	3%	5%	6%	7%
MidNL LiveW-BlackRock Equity Dividend V.I. III	3%	7%	9%	12%	13%
Putnam VT Large Cap Value IB	7%	11%	15%	21%	26%
Janus Henderson VIT Enterprise Svc	–	–	2%	3%	4%
T. Rowe Price Mid-Cap Growth Port II	–	–	2%	2%	2%
Columbia VP Select Mid Cap Value 2	2%	2%	2%	2%	2%
Invesco VI Small Cap Equity II	–	–	–	2%	2%
Columbia VP Small Cap Value 2	–	2%	3%	3%	3%
Invesco Oppenheimer VI Intl Gr II	2%	3%	6%	7%	8%
Putnam VT International Value IB	2%	3%	5%	6%	8%
MFS VIT II Emerging Markets Equity Svc	–	–	–	4%	4%
American Funds IS® New World 4	–	3%	5%	5%	7%
PIMCO VIT Real Return Adv	3%	2%	2%	–	–
PIMCO VIT Low Duration Adv	12%	8%	3%	–	–
Lord Abbett Series Short Duration Inc VC	11%	8%	4%	–	–
Pioneer Bond VCT II	25%	20%	14%	8%	2%
PIMCO VIT Total Return Adv	29%	22%	16%	11%	3%



Asset allocation (and/or diversification) does not ensure a profit or guarantee against loss; it is a method to help manage risk.

Morningstar Investment Management LLC is a registered investment adviser and subsidiary of Morningstar, Inc. Morningstar Investment Management provides nondiscretionary consulting services to Sammons Institutional Group®, Inc. (SIG) but is not acting in the capacity of adviser to individual investors. Morningstar Investment Management provides recommendations to SIG regarding asset allocation targets, for certain LiveWell® products/programs, which are subject to change without notice. Morningstar Investment Management establishes the allocations using its proprietary asset classifications. If alternative classification methods are used, the allocations may not meet the asset allocation targets. The Morningstar name and logo are registered marks of Morningstar, Inc. Morningstar Investment Management is not affiliated with SIG.

Helping you enjoy a life of living well

We know you want to live well and retire well. But in order to do that, you need your retirement funds to last. As a division of Sammons Institutional Group®, Inc., Sammons Retirement Solutions® specializes in portfolio-management solutions, such as mutual fund IRAs, variable annuities, and fixed and fixed index annuities. Annuities are issued by Midland National® Life Insurance Company. Sammons Institutional Group and Midland National are wholly owned subsidiaries of Sammons® Financial Group, Inc. Through this affiliation, we're a trusted partner positioned to stand strong well into the future.

For more than a century, Midland National has stood by their customers—focusing on providing growth, income, and financial protection. Midland National brings their strong history and proven financial track record to each annuity. Independent rating agencies have awarded the following ratings:



A.M. Best^{A,B} (Superior) (Second category of 15)

S&P Global Ratings^{B,C} (Strong) (Fifth category of 22)

Fitch Ratings^{B,D} (Stable) (Fifth category of 19)

Ratings are subject to change.

Let's work together.

Now is the time to work with your financial professional to develop a strong retirement plan you believe in. In the meantime, see if your values align with ours and if our simple, innovative, and straightforward solutions may be right for you. Visit srlivewell.com.

A.M. Best is a large third-party independent reporting and rating company that rates an insurance company on the basis of the company's financial strength, operating performance, and ability to meet its obligations to policyholders. S&P Global Ratings is an independent, third-party rating firm that rates on the basis of financial strength. Fitch Ratings is a global leader in financial information services and credit ratings. Ratings shown reflect the opinions of the rating agencies and are not implied warranties of the company's ability to meet its financial obligations. The above ratings apply to Midland National's financial strength and claims-paying ability. **A)** A.M. Best rating affirmed on August 29, 2023. For the latest rating, access ambest.com. **B)** Awarded to Midland National® as part of Sammons® Financial Group Inc., which consists of Midland National® Life Insurance Company and North American Company for Life and Health Insurance®. **C)** S&P Global Ratings' rating assigned February 26, 2009 and affirmed on May 22, 2024. **D)** Fitch Ratings' rating affirmed an Insurer Financial Strength rating of A+ Stable on June 26, 2024. The rating reflects the organization's strong business profile, low financial leverage, very strong statutory capitalization, and strong operating profitability supported by strong investment performance. For more information access fitchratings.com.



Variable annuities are designed for long-term investing, such as retirement investing and are subject to market risk including loss of principal.

Investing in variable annuities involves risk, including potential loss of investment. You should consider the investment objectives, risks, charges, and expenses of the variable annuity and its underlying investment options carefully before investing. The prospectus and/or summary prospectus contain this and other information. You may contact your financial professional, visit srslivewell.com/prospectus, or call 866-747-3421 to obtain a current prospectus for the variable annuity and its underlying investment options. Please read it carefully before investing.

The LiveWell® suite of variable annuities (AS135A, ICC11-AS135A, AS153A, ICC18-AS153A (contract) and AR276A, ICC14-AR276A, AR346A, ICC16-AR346A, AR381A, ICC20-AR381A (riders and endorsements) is issued by Midland National® Life Insurance Company, West Des Moines, Iowa 50266. The LiveWell® suite of variable annuities is not available in New York. Variable products are distributed by Sammons Financial Network, LLC., member FINRA. Sammons Financial Network, LLC. and Sammons Institutional Group, Inc. are affiliated companies and wholly owned subsidiaries of Sammons Financial Group, Inc. Sammons Retirement Solutions is a division of Sammons Institutional Group, Inc.

Product and feature availability may vary by state and financial institution. Guarantees are backed by the claims-paying ability of Midland National® Life Insurance Company and do not apply to the investment performance of the variable subaccounts, which fluctuate with market conditions.

This brochure is neither an offer to sell nor a solicitation to buy. Before purchasing this product, you must receive a current variable annuity prospectus that includes information regarding risk factors, fees, expenses, investment objectives, and policies. Read the prospectus carefully before you invest any money. No variable product offers any guaranteed rate of return.

The tax-deferred feature of the annuity is not necessary for a tax-qualified plan. Before purchasing this product, you should obtain competent tax advice as to the tax treatment of the annuity and the suitability of the purchase. Under current law, annuities grow tax-deferred. Annuities may be subject to taxation during the income or withdrawal phase. There is no additional tax benefit to investing in a variable annuity within a tax-qualified account (such as an IRA).

Sammons Institutional Group®, Inc., Sammons Financial Network®, LLC., and Midland National® Life Insurance Company do not give tax, legal, or investment advice. Please consult with and rely on your own tax, legal, or investment professional(s). Taxes are payable upon withdrawal of funds, and a 10% IRS penalty may apply to withdrawals prior to age 59½.

This contract, and any of its riders, are not designed for resale or speculation, arbitrage, viatical settlements or any type of collective investment scheme. This contract may not be traded on any stock exchange or secondary market. By purchasing this contract, you represent and warrant that you are not purchasing or intending to use this contract, and any of its riders, for resale, speculation, arbitrage, viatical settlements or any type of collective investment scheme.

Certain investment options in the LiveWell® Variable Annuity may not be available. Please check with your financial professional for availability.

3696024