

LiveWell® Preferred FIA

Allocation Change Request



Mail or fax completed form to: P.O. Box 10385, Des Moines, IA 50306

Overnight to: 8300 Mills Civic Pkwy, West Des Moines, IA 50266

Fax to: 866-484-4508

Instructions

Use this form to change current or future allocations on the LiveWell Preferred Fixed Index Annuity (FIA).

1. Contract information

Contract number			
Owner's name (first, middle initial, last)		Social Security number	
Joint owner's name (first, middle initial, last) - if applicable		Social Security number	
Non-natural owner - if applicable		TIN/EIN	
Street address		Apartment/Suite number	
City	State	ZIP	Phone number

2. Account allocation

Please reference the Next Statement Period Information section of your statement to find the index account available to you. 100% of all available funds will be allocated according to the percentages indicated below. By company practice, you will have 30 days following each contract anniversary to reallocate.

Account type	Percent
Annual point-to-point cap – S&P 500® Index	
Annual point-to-point with margin – S&P 500® Low Volatility Daily Risk Control 5% Index	
Annual point-to-point with participation – S&P 500® Low Volatility Daily Risk Control 5% Index	
Annual point-to-point with participation – Fidelity Multifactor Yield Index SM 5% ER	
2-year point-to-point with participation – S&P 500® Low Volatility Daily Risk Control 5% Index	
2-year point-to-point with participation – Fidelity Multifactor Yield Index SM 5% ER	
Fixed Account	
Total account allocation	100%

The "S&P 500®" and "S&P 500® Low Volatility Daily Risk Control 5% Index" Indices ("Indices") are products of S&P Dow Jones Indices LLC or its affiliates ("SPDJ") and have been licensed for use by Midland National® ("the Company"). Standard & Poor's® and S&P® are registered trademarks of Standard & Poor's Financial Services LLC ("S&P"); and these trademarks have been licensed for use by SPDJI and sublicensed for certain purposes by the Company. The LiveWell® Preferred FIA is not sponsored, endorsed, sold or promoted by SPDJI, S&P, or their respective affiliates and none of such parties make any representation regarding the advisability of investing in such product(s) nor do they have any liability for any errors, omissions, or interruptions of the Indices.

The Fidelity Multifactor Yield Index 5% ER (the "Index") is a multi-asset index, offering exposure to companies with attractive valuations, high quality profiles, positive momentum signals, lower volatility and higher dividend yield than the broader market, as well as U.S. treasuries, which may reduce volatility over time. Fidelity and its related marks are service marks of FMR LLC. Fidelity Product Services LLC ("FPS") has licensed this index for use for certain purposes to Midland National® Life Insurance Company (the "Company") on behalf of the Product. The Index is the exclusive property of FPS and is made and compiled without regard to the needs, including, but not limited to, the suitability needs, of the Company, the Product, or owners of the Product. The Product is not sold, sponsored, endorsed or promoted by FPS or any other party involved in, or related to, making or compiling the Index. The Company exercises sole discretion in determining whether and how the Product will be linked to the value of the Index. FPS does not provide investment advice to owners of the Product, nor to any other person or entity with respect to the Index and in no event shall any Product contract owner be deemed to be a client of FPS.

Neither FPS nor any other party involved in, or related to, making or compiling the Index has any obligation to continue to provide the Index to the Company with respect to the Product. Neither FPS nor any other party involved in, or related to, making or compiling the Index makes any representation regarding the Index, Index information, performance, annuities generally or the Product particularly.

Fidelity Product Services LLC disclaims all warranties, express or implied, including all warranties of merchantability or fitness for a particular purpose or use. Fidelity Product Services LLC shall have no responsibility or liability whatsoever with respect to the Product.

3. Signatures

All owner's signatures are required.

Owner's signature	Date signed (mm/dd/yyyy)	Joint Owner's signature (if applicable)	Date signed (mm/dd/yyyy)



212559